

WHAT TO DO IN THE EVENT OF AN...



EARTHQUAKE

***When you feel the ground shake, immediately drop, cover and hold on.**

1. **Drop** to your hands and knees. If you're inside, stay inside – don't run outdoors or to other rooms.
2. **Cover** your head and neck with your arm and take shelter under a sturdy piece of furniture. If there is no shelter nearby, crawl to the nearest interior corner or wall while continuing to protect your head and neck.
3. **Hold on** to your shelter, covering your head and neck until the shaking stops.



- When the earthquake is over and shaking has stopped, count to 60 before getting up.
- Stay calm and move cautiously, checking for unstable objects and other hazards above and around you.
- Be aware of the potential for aftershocks - and continue to drop, cover and hold on every time you feel one.
- Grab Earthquake Kit (located by the emergency exit doors beside the music station), head out to the **Tennis Courts**, take attendance, give first aid if needed and hand out blankets and shoes if needed.
- Contact parents if possible. Contact Administrator (Kyna, Jennifer, Marisa or Saskia) if possible. (Administrator help contact parents, post on FB, IG and Website if possible).

COACHES, PLEASE WAIT UNTIL EVERY KID IS PICKED UP AND ACCOUNTED FOR!

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